



Cairngorms National Park Ranger Services Countryside Events – June 2012

Rangers welcome visitors to the countryside and help people discover and appreciate what's around them. Rangers run a variety of exciting countryside events each month that encourage people to learn about the National Park.

Every Day in June (check for confirmation)

**2.00pm–3.00pm
FEED THE DEER**

Armed with grain, you can stroke and feed these delightful animals whilst enjoying some magical views of the Spey valley. The Rangers are on hand at all times to answer any questions about the Red deer or other wildlife while on your stroll.

Lasts approx 1 hour.

Booking Essential Call for more details on 01479 812345

Meet at Rothiemurchus Centre, Inverdrue by Aviemore

Cost: £8 adults, kids £4

Rothiemurchus Estate Ranger Service

Every Friday in June (1st, 8th, 15th, 22nd, 29th)

**10.00am–11.30am
HEALTH WALK**

Easy, low-level ranger-led health walk in the beautiful surroundings of the Glen Tanar Estate.

Booking Essential Call or email for more details **013398 86072**

ranger@glentandar.co.uk

Meet at Braeloine Visitor Centre Car Park, Glen Tanar or pick up in Aboyne

Cost: Free

Glen Tanar Charitable Trust Ranger Service

June 1st 6.00pm-10.00pm

WALK & STALK

An evening in the company of one of the Trust's stalkers. This is a good opportunity to see red deer and hear about the stalker's work on this Highland estate.

Meet at Mar Lodge

Booking essential – places limited, phone 013397 20164

Cost: £15 adult, £7 child U-16

National Trust for Scotland Ranger Service

June 2nd 10.00am–12 noon

SAVE OUR BUTTERFLIES & MOTHS

Help survey spring moths and butterflies on upper Deeside, which has been designated a 'butterfly survival zone' due to the presence of key habitats and species. Various activities including checking moth traps set overnight, use of pheromone lure and surveys for Pearl-bordered Fritillary and other species (if time allows). Scottish Biodiversity Week free give-aways including wildflower seed packs will be available. *Event organised in conjunction with Butterfly Conservation.*

Meet at Cambus O' May bridge car park, between Dinnet & Ballater grid ref: NO 422974

BOOKING ESSENTIAL: Marr Ranger on 013398 80868,

marr.ranger@aberdeenshire.gov.uk

Cost: Free

Suitable for adults & accompanied children aged 8+. Please wear suitable outdoor clothing according to weather & sensible footwear. Bring close-focus binoculars if you have them.

Aberdeenshire Council Ranger Service

Every Tuesday in June (5th, 12th, 19th, 26th)

**11.00am–12.00 noon
RED SQUIRREL SAFARI**

Walk through the ancient pine forest to a magical woodland hide and watch red squirrels climbing, jumping and chasing each other, as well as many other woodland creatures such as crested tits, red deer, and woodpeckers. Lasts approx 1 hour.

Booking Essential Call or email for more details on 01479 812345

Meet at Rothiemurchus Centre, Inverdrue by Aviemore

Cost: £8 adults, kids £4

Rothiemurchus Estate Ranger Service

Every Wednesday in June (6th, 13th, 20th, 27th)

**10.30am-15.30pm
GUIDED NORTHERN CORRIES WALK**

Enjoy a guided walk in the Northern Corries of Cairn Gorm every Wednesday morning.

Meet at the CairnGorm Mountain Ranger Base.

Booking recommended by telephone on 01479 861341 or online at

<http://www.cairngormmountain.co.uk/book>

Cost: Adult £12.00, Junior (6-16) £6.00, Senior (65+) £8.00, Friends of CairnGorm £8.00

Moderate Mountain Walk. Bring waterproof clothing, good walking boots, hat and gloves. Dogs are welcome but must be kept on a leash.

CairnGorm Mountain Ranger Service.

June 6th

9.30am–5.00pm

LOCHNAGAR ASCENT

Enjoy a full day on one of Scotland's highest peak, looking at the natural history and management of 'Dark Lochnagar'. A full mountain day. Hill-walking gear and a good level of fitness required.

Meet at Spittal of Glen Muick Visitor Centre.

Booking essential – telephone 013397 55059.

Cost: £10 per person.

Mountain walk. Distance: 19 km, ascent 1050m. Bring lunch.

Balmoral Estate Ranger Service.

June 6th

10.30am-3.30pm

CARN NA CRICHE AND CARN NA DROCHAIDE

A gradual climb by path and rough moorland to the summit of Carn na Criche, then on to the Corbett of Carn na Drochaide with fine views of Glen Quoich and beyond.

Meet at Mar Lodge

Booking essential - phone 013397 20164

Cost: £15 adult, £7 child U-16

National Trust for Scotland Ranger Service

June 8th

6.00pm-10.00pm

WALK & STALK

An evening in the company of one of the Trust's stalkers. This is a good opportunity to see red deer and hear about the stalker's work on this Highland estate.

Meet at Mar Lodge

Booking essential – places limited, phone 013397 20164

Cost: £15 adult, £7 child U-16

National Trust for Scotland Ranger Service

June 12th

10.00am–1.00pm

INSH MARSHES NNR GUIDED WALK

Join reserve staff to explore this very special site, looking at birds, butterflies and flowers.

Meet at the RSPB reserve car park 2 miles along the B970 from Kingussie and ½ mile beyond Ruthven Barracks. For further details contact the reserve office:

Telephone 01540 661518 Email insh@rspb.org.uk

Booking is not required.

Cost: £2 Adults (RSPB members) £5 Adults, Children Free (under 16)

Be prepared for wet/cold weather.

RSPB

June 15th 6.00pm-10.00pm

WALK & STALK

An evening in the company of one of the Trust's stalkers. This is a good opportunity to see red deer and hear about the stalker's work on this Highland estate.

Meet at Mar Lodge

Booking essential – places limited, phone 013397 20164

Cost: £15 adult, £7 child U-16

National Trust for Scotland Ranger Service

June 16th 10.00am–4.00pm

VOLUNTEER DAY WITH JMT

Hands on conservation day with the John Muir Trust North East Group at Glen Tanar Estate.

Booking Essential Call or email for more details **013398 86072**

ranger@glentandar.co.uk

Meet at Braeloine Visitor Centre, Glen Tanar

Cost: Free

All welcome, adults or accompanied children.

Glen Tanar Charitable Trust Ranger Service

June 16th 10.00am–4.00pm

GLACIERS AND GUMBOOTS

Discover more about the people that lived up the glen and the glaciers that came before them.

Meet at Atholl Estates Ranger Base in Blair Atholl

Booking Essential - phone 01796 481355.

Cost: £5 Adults £5

10 mile walk, bring lunch.

Atholl Estates Ranger Service

June 16th 11.00am-5.00pm

KINGUSSIE KARNIVAL

A day of fun and games for all the family, including a hill race up Creag Beag for those feeling fit enough. Join the ranger and RSPB staff in their marquee to build shelters for insects and all manner of minibeasts.

Meet at Ardvonie Park in Kingussie. Grid ref: NH 755006. Grade A. Contact Duncan Macdonald 01479 873706.

Booking is not required.

Cost: Free.

Highland Council Ranger Service

June 17th

11.00am–2.00pm

FLORA OF THE FOREST

Join the Ranger for a stroll in Glen Doll forest and discover the medicinal plants that grow here.

Booking Essential 01575 550233

Meet at the Glen Doll Ranger Base. Grid Ref: NO282759

COST: FREE

Stout shoes and packed lunch required.

Angus Glens Ranger Service

June 20th 10.30am-4.30pm BIO-BUZZ – CLAIS FHEARNAIG

A celebration of Scotland's biodiversity. A six hour walk in beautiful Cairngorm scenery over heather moor enjoying the trees, birds, butterflies and flowers on the way, returning by 'The Hollow of the Alders'.

Booking essential, phone 013397 20164

Meet at Mar Lodge

Cost: £15 adult, £7 child U-16

National Trust for Scotland Ranger Service

June 21st 1.30pm-5.30pm (approx) THE RIVER LIVET GUIDED WALK

Follow the upper stretches of the River Livet with the Glenlivet Estate Ranger Service into remote country with expansive views of the Ladder Hills and discover the rich natural and cultural history of the Braes of Glenlivet area. A low level route mostly on track but with some walking across open moorland, which can be muddy in places and exposed in poor weather. Part of the Moray Walking Festival.

Meet at Allenreid car park near Tomnavoulin, Tomintoul (NJ 236 248).

Booking essential via Moray Walking Festival Website. Contact; Glenlivet Estate Office, 01479 870070, info@glenlivetestate.co.uk www.moraywalkingfestival.co.uk

Cost: £6.50 per adult, £3.50 per child.

Distance: 6 miles/9.5km. Time: 3-4 hours. Difficulty rating: fairly easy/moderate

Glenlivet Estate Ranger Service

June 21st 7.00pm-8.30pm A WALK IN THE PARK

An evening stroll in the grounds around the Lodge, with an opportunity to view the interior of the Stag Ballroom, adorned with the Duke of Fife's antler collection.

Meet at Mar Lodge

Booking essential - phone 013397 20164

Cost: £3 adult, child U-16 free

National Trust for Scotland Ranger Service

June 24th 10.00am-2.30pm GLENLIVET SMUGGLERS WALK

Explore the untamed beauty of Glenlivet by following in the footsteps of the old whisky smugglers with the Crown Estate Ranger Service. The walk takes in the Carn Daimh summit (569m/1866ft) where panoramic views of the surrounding countryside await. Optional tour of The Glenlivet Distillery afterwards.

Meet at Glenlivet Distillery (car park), nr Tomintoul.

Booking essential via Moray Walking Festival Website. Contact: Glenlivet Estate Office, 01479 870070, info@glenlivetestate.co.uk www.moraywalkingfestival.co.uk

Cost: £6.50 per adult, £3.50 per child.

Distance: 7 miles/11km. Time: around 4 ½ hours (including lunch stop). Difficulty: moderate-fairly strenuous. Bring your own packed lunch.

Glenlivet Estate Ranger Service

June 26th 9.30am-7.00pm MAR LODGE TO FOREST LODGE

A walk through wild country from Braemar to Glen Tilt. 15 miles with a river crossing.

BOOKING ESSENTIAL - phone 01796 481355.

Meet at Blair Atholl. Drive to start at Braemar included.

Cost: Adults: £35

Atholl Estates Ranger Service

June 28th 7.00pm-8.30pm

A WALK IN THE PARK

An evening stroll in the grounds around the Lodge, with an opportunity to view the interior of the Stag Ballroom, adorned with the Duke of Fife's antler collection.

Meet at Mar Lodge

Booking essential - phone 013397 20164

Cost: £3 adult, child U-16 free

National Trust for Scotland Ranger Service

June 29th 6.00pm-9.30pm

ORCHIDS GALORE, NEWTONMORE

A gentle stroll around a section of the Wildcat Trail in search of orchids and a wealth of other wildflowers, as well as some of the lore associated with them.

Meet at the railway station car park, Newtonmore. Grid ref: NN 715984. Grade A.

Contact Duncan Macdonald 01479 873706.

Booking is not required.

Cost: Adults £5, concessions £3.

Highland Council Ranger Service

June 30th 11.00am-3.00pm

UPPER GLEN CLOVA EAGLE WATCH

An exciting opportunity to get excellent views of breeding Golden Eagles as they bring in prey to the nest to feed their young.

Meet at the Glen Doll Ranger Base. Grid Ref: NO282759

Booking Essential 01575 550233

COST: FREE

Stout shoes and packed lunch required. A telescope will be available for use but bring binoculars if you have them.

Angus Glens Ranger Service

June 30th 2.00pm-4.00pm

ANT ANTICS

A celebration of Scotland's biodiversity. A six hour walk in beautiful Cairngorm scenery over heather moor enjoying the trees, birds, butterflies and flowers on the way, returning by 'The Hollow of the Alders'.

Meet at Mar Lodge

Booking essential, phone 013397 20164

Cost: £3 adult, children U-16 free

National Trust for Scotland Ranger Service